

HOLY CROSS YOUNG SPORTS READINESS CLINIC

June 18th – 21st – First Week

July 16th – 19th Second Week

Ages 4 through 6

9:00 – 11:00 a.m.



The Holy Cross Sports Readiness Clinic is a great success each year with the little ones. It is for ages 4 – 6. The Holy Cross Young Sports Readiness Clinic will be directed by Michael Feerst, the Holy Cross Athletic Director.

This clinic is similar to our summer basketball and soccer programs and will give the players a great head start in their age groups. The clinic is designed to improve the players motor skills, coordination, agility and have fun at the same time. The players will work on different sports and activities each day.

The cost of the clinic is \$110.00 per session. Each player will receive a T-shirt, certificate of participation, and other surprises. Please make checks payable to Holy Cross CYO, and mail or bring to Holy Cross School, 40 Rumson Road, Rumson, NJ 07760. If you have any questions, please contact Michael Feerst at 732-842-0348 ex. 1140 or email: mfeerst@holycrossrumson.org.

Please sign up ASAP. Thank you and looking forward to working with your children.

Registration Form

Name: _____

Age: _____ Grade: _____ School: _____

Address: _____

Phone No. _____

Email: _____

Cell Phone No. _____

Session One – June 18th – 21st _____

Session Two – July 16th – 19th _____

T-Shirt Size _____

I certify that the applicant is in good health and will abide by clinic rules. I also understand that Holy Cross is not responsible or liable for any activities in respect to the clinic such as injuries or loss of personal articles.

Signature of Parent/Guardian